THE LIFELINE TO HEALTH

Vol. 4, No. 1

For the 18th Medical Command Community

Fall 2005

IN THIS ISSUE

Page #3

121 GH's Sugical Technicians Week



Page #5

168th ASMB Kicks Off Operation Harvest Medic



Page #6

CPL Kim, Jung Tak from 16th MEDLOG wins Eighth United States Army and 18th MEDCOM KATUSA of the Year



618th Dental Teams Bring a Smile to the Marines of Pohang



HM1 Hamilton & SSG Byron shake on an enduring Medical Partnership

18th MEDCOM Public Affairs 1LT Mike Schardinger

The 618th Dental Company at Camp Walker recently deployed two high speed dental teams to Camp Mujuk (U.S. Marines) in Pohang, R.O.K. SSG Amy Byron of the 618th Dental Company and HMI Kellie Hamilton of the 9th ENG SPT BN (Okinawa) teamed up to coordinate this Situational Training Exercise (STX). This past August, the 618th at Camp Walker was afforded a rare opportunity to deploy two treatment teams to Pohang to provide dental care to over 60 Marines and 6 Navy personnel. CPT Paul Graves, Executive Officer of the 618th Dental Company, stated that this STX provided the 618th with a great chance to practice their Transition to War (TTW) mission with their Marine and Naval counterparts

Ironically, their only medical counterpart at Camp Mujuk is Corpsman Hamilton. She does it all for the Marines at Pohang, a lot of medical and a bit of dental. There's a special story about the relationship that was established during this STX. SSG Byron, HMI Hamilton, and the entire Walker Dental Clinic have become very close professional friends through this coordination. They've established a relationship that will pay dividends in the event of hostilities breaking out here on the Korean Peninsula.

When asked why they decided to coordinate this STX, HMII Hamilton stated that the exercise increased dental readiness for all her Marines and allowed her to learn key dental treatment techniques to provide essential dental triage as well as the preliminary treatment prior to evacuating a Marine to the Walker Dental Clinic. She commented on the fact that this exercise saves her valuable man hours and lost time due to the 3 hour round-trip to Camp Walker. The Walker Dental Clinic is the Marines' only dental support

SSG Byron stated that this STN gave the 618% valuable training experience by allowing them to deploy, perform convoy operations, establish site, and then sustain operations just as they would do in TTW situations. She added that supporting the Marines and helping them get dentally cleared is of the utmost importance. It was monic that these service members are both from the Northeast, SSG Byron

is a native of Phippsburg. Maine, and HM1 Hamilton is a native of Williamsport. Pennsylvania, the home of the Little League World Series. From the beginning, they have enjoyed working with one another and making this great training event a success.

The 618th received support from two very special Soldiers. PFC Chris Magerl (91.A-Medical Maintenance Technician) and PFC Tim Bledsoe (52D-Generator Mechanic). They each deployed with the two treatment teams to ensure mission support and they did just that. PFC Bledsoe commented that having a 52D deploy with the 618th is a must, because if the power goes out while they are drilling, that would be unacceptable. PFC Magerl said he enjoyed this opportunity to support the 618th and their medical equipment and the training value of actually deploying with them was immeasurable. It was obvious upon arrival that these two men were easily integrated into the 618th Dental Company Team and were key members of the support

When asked what the training effect of this STX was for the Marines being treated. SSG Byron stated, "They're really stoked to come out to dental." HM1 Hamilton reiterated that comment by adding, "They are very excited to get treated. It's not often we get this kind of quality dental treatment." It was particularly impressive to see the way these two elements. Corpsman Hamilton and the 618th Treatment Teams, worked together. They truly embodied the Department of Defense's new team approach to Joint Medical Operations. Both SSG Byron and HM1 Hamilton stated that they plan to continue the relationship between the 618th and the Marines These professionals set a good example of what teamwork and a little extra ingenuity can do for our joint medical services during these changing times.



Colonel Brian D. Allgood, Commander, 18th Medical Command

As we move into the Fall of 2005 and a new Fiscal Year, I want to take time to thank the great Soldiers, KATUSAs, Civilians, and Family Members of the 18th MEDCOM. I cannot adequately express the pride I have in each and everyone of you and sincere gratitude I feel towards the hard work and professionalism you display each and every day. Our team is infused with the Warrior Spirit and has embraced the Warrior Ethos The Soldier's Creed is not just a set of words, it is thoughts and ideas to live by You constantly display the mental toughness to endure the challenges we face. You share the belief that one's word is their bond and that trust binds us together as we sacrifice daily for the good of the commands we support our beneficiaries. Your relentless desire to be the best, to always place the mission first, never quit, and never accept defeat... to be winners, but never at the expense of others on our team, is surely second to none. You are experts and professionals, continue to strive to exceed the standards of care, your efforts are truly outstanding. I see it everyday when I travel up and down the peninsula, observing training and our everyday activities. Our medical care is the best and caring is what we must continue to do well.

In the past year, we have been phenomenally busy, and as a result have accomplished much. We assembled a team to support the Tsunami Relief efforts during Operation Unified Assistance. Our air medical evacuation units were de-activated in Korea and re-deployed back to the United States. Various units received our support while deploying to Operations fraqi Freedom and Enduring Freedom. Numerous renovations to 121 General Hospital have been completed and initiated. We have begun the transformation of our formations to increase flexibility and

agility. Some of our medical and dental facilities have been closed as we establish new facilities. We have made strides in both our ability to Fight Tonight and deliver quality customer focused health care. Numerous community relations activities have been organized and conducted with our Korean friends. We've raised medical awareness through the Cancer Awareness Running Event, the 38" Parallel Society Seminars, and various other medical symposiums. Simply put, "We have much to be proud of in 18" MEDCOM!" and months from now, will have even more to be proud of. Your efforts make a difference - now and as we posture for the future.

Please continue to be safe and responsible in all that you do on and off-duty. The things that may go un-recognized truly do make a difference. You make that difference All that you do is appreciated by our command, our Army, and our two countries. I cannot thank you enough for what you have done this past year to make 18th MEDCOM safer safety is non-negotiable and should permente all we do. We owe if to our Soldiers and each other. Always balance both your personal and professional life during your stay in Korea and, "Stay Fit, Rendy, and Reliable!" Sustain that Warrior Spirit that we live everyday and, most of all, stay safe and make a difference as an individual and as a team during this next quarter



CSM Ricardo P. Alcantara, Command Sergeant Major

I would like to take the opportunity to welcome all the new Soldiers, KATUSAs, Civilians and their families into the 18th MEDCOM family. You are now officially a part of the best Medical Command in the United States Army Korea truly is the assignment of choice, and as a Soldier, you are now privileged to have the opportunity to serve and live in the greatest place this Army has to offer. The training you will receive here in Korea is tough, realistic, and will prepare you to deal with the many different facets of today's ever changing Army.

This year we honor SFC Paul Smith for his courage and sacrifice. He saved the lives of more than 100 American Soldiers. In April 2005, SFC Smith not only became the first Soldier to receive the Medal of Honor since September 11, 2001, but the first since Somalia in 1993. While serving in Korea, you must always maintain your focus on the standards of discipline. Live the seven U.S. Army Values of Loyalty, Duty, Respect, Selfless Service, Honor, Integrity and

Personal Courage. I expect all Soldiers to be exemplary ambassadors of the United States and of the Army. You will maintain the Warrior Ethos in every action you carry out, both on and off duty, while visiting this beautiful country. Always be ready to "fight tonight"

The past year has marked several successful key events for 18th MEDCOM, the Tsunami Relief efforts, SRPs for deploying units. RSO & L Ulchi Focus Lens, Retrograde Operations; Transformation, ongoing renovations of our clinics and hospitals, and we will have the privilege of sending the 18th MEDCOM KATUSA of the Year, who has also won the EUSA competition, to Washington D.C. to attend the AUSA Conference. I am proud of the maturity, professionalism, and sense of duty displayed by the Soldiers of 18th MEDCOM. We have shown that through our actions that we care about what we do and that we certainly do it well. Continue to stay vigilant in the NCO Creed and continue to foster the future leaders of the Army

Safety has been our watchword. You will make it your duty to be aware of the curfew policy and all other command policies. The buddy system will be implemented at all times. Ensure your buddy is someone you can completely trust. Off limit areas, human trafficking and prostitution are off limits

While your stay in Korea may be short and busy, take advantage of the many opportunities Korea has to offer. Get out and explore this beautiful country! You will find modern accommodations, foods and beverages, efficient transportation (KTX/Bus), modern amenities, and unique night life at reasonable prices through the programs and services provided by B.O.S.S., Chaplain's Retreats, MWR (Moyer Recreational), the USO, and many more. I encourage you to experience Korea to the fullest





Winners of the 1st Quarter Board 2006



NCO of the Quarter

SGT Dustin W. Jorrick Human Resource NCO HHD, 52nd MED BN





Soldier of the Quarter

SPC Jessica L. Simmons Medical Laboratory Spec. HHC, 121st GH

KATUSA of the Quarter CPL Choong K. Medical Laboratory Tech.

D Co, 168th MED BN

*** CONGRATULATIONS ***

LTC(P) Gary K. Sexton, Chaplain, 18th MEDCOM

MEDCOM Saints

No SOULdier will be alone on the battlefield." This singular commitment of the 18" MEDCOM to America's warriors is powerfully motivating and honorable It inspires us by recognizing the tremendous worth and dignity of every SOUL dier being made in God's image. I am proud to serve with a Unit Ministry Team (UMT) that understands this commitment and is willing to perform or provide spiritual care for each of you

My own journey in the Chaplaincy ministry began with the medical heroes of the 10s MASH at Fort Meade, MD 21 years ago, I was privileged to serve and live with the Medical Element of JTF-Bravo in Honduras as my very first overseas deployment. Thus I am in debt to the many professionals who coached and mentored me as a new chaplain.

I am committed to leader development and team development during the next two years with you. You will constantly be in our UMT's prayers as the primary

focus of our Religious Support mission planning and execution. I am very committed to forming a spiritual fitnes team from within the ranks and will call upon you to assist the UMT in providing spiritual fitness opportunities and

God shaped many of the spiritual heroes of the Old and New Testament through desert experiences. Moses David, Paul, and Jesus were each met by God's loving presence and spirit. Those times of isolation were not easy, but God reached into each life and proved Himself faithful, merciful, and loving. Your tour of duty in Korea can be one of those rich times in your life where you will be stretched in your faith, and when you will meet God afresh. My prayer for you each day will be based on a promise about the Reality of God. "Delight yourself in the LORD, and He will you the desires of your heart." Psalm 37:4

The challenge I place before you is simply this, Will you open your heart to Him?

THE LIFELINE is an authorized publication (AR 360-1). Contents are not necessarily the official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or 18th MEDCOM. Editorial staff is located in the 18th MEDCOM Public Affairs Office, 121st General Hospital, Yongsan Garrison, Seoul Korea. DSN 737-6890

> Editor/Public Affairs Officer H.T Michael T. Schardinger Editorial Staff PFC Hyung M. Shin

The 18th MEDCOM Public Affairs Office Staff welcomes your comments: All correspondence concerning this publication, to include letters to the editor, ask the Barracks Lawyer, or article submissions can be sent to

> 18th MEDCOM Public Affairs EAMC-PAO Unit 15281 APO AP 96205



The 121st GH Honors Surgical Technicians

Story by CPT Tyke Stewart Photos by 1LT Mike Schardinger

The 18th-24th of September has been designated National Surgical Technologist Week. The leadership, nurses, and surgeons at the 121 General Hospital would like to personally thank each and every one of these dedicated Soldiers for their tenacious and gritty support of the surgical teams at our facility.

The first Surgical Technologists were introduced into the Army's inventory of medical professionals between WWI and WWII and the origin of the 91D MOS dates back to the Civil War when ordinary men and women were taken off the streets and used as assistants to doctors and surgeons in earing for their patients.

There are a group of extremely talented Soldiers stationed on the Korean Peninsula who are the "Right Hands" of the surgeons who are performing over 200 surgical procedures a month at our 121 General Hospital Operating Room. These are the 91 Delta (91D), Surgical Technologists, trained at the Army's AMEDD Center and School (AMEDD C & S) at Ft. Sam Houston, Texas.

They spend countless hours standing next to surgeons and working with operating room nurses through difficult case after difficult case, ensuring that their surgeon's every need is anticipated and met. Without their talents, our teams would be broken.

Curently, their AIT is a 19 week course at the AMEDD C&S that provides them with



SSG Griffin, Oral Maxillofacial Technician, managing her back table in support of an oral maxillofacial case

knowledge of Human Anatomy, Microbiology, Infectious Disease, Medical Terminology, Sterile Technique, Patient Positioning, and, of course, literally hundreds of surgical instruments and surgical techniques.

The week kicked off on 19 September 2005 with a cake and punch social and ended with a potluck picnic for the Soldiers on 24 September 2005.

Throughout the week there were games held, and prizes were awarded to the winners of each event. A prominent static display of surgical instruments was placed in the 121

General Hospital's main lobby.

There was a "Spend a Day in My Shoes" day that allowed staff throughout the 121 Genreal Hospital to participate in getting a feel for the work environment that these fine Soldiers perform in each day. AFN's Eagle FM 102.7 asked "A Surgical Tech Question of the Day" that the surgical technicians were able to receive a prize for answering correctly.

Surgical Technicians, the leadership, nurses, surgeons, and ancillary staff of the 121 General Hospital. "We salute you and thank you for all your hard work!"



SPC Solis, Oral Maxillofacial Technician, scrubbing in support of an oral maxillofacial case



SPC Aracena, Surgical Technician, scrubbing in support of a podiatry case

38th PM DET Performs Agriculture Inspections

Story by SGT Cheryl Glor 38th PM DET

The purpose of performing retrograde inspections is to prevent foreign agricultural and public health threats from entering the United States. These threats include plant debris, food, garbage, mud, insects and their eggs, and even water. If these foreign threats were allowed to enter the U.S., serious problems could follow.

For the past month, the 38th Preventive Medicine (PM) Detachment was involved in several retrograde missions in Area I, to include Camp Casey, Camp Sears, and the surrounding camps. This involved the unit performing what we call a pre-wash at the local wash rack. This pre-wash is to get most of the dirt, plants, and mud off of the vehicle. For most units is where Preventive Medicine comes in. We look in, around, under every vehicle, connex, and piece of equipment that is moving to the United States.

It is our job to make sure that there is no foreign matter anywhere on the equipment. It is rare that something will pass the first time we look at it. In fact, it will take several washings to finally clear a vehicle or piece of equipment. PM is only trying to make sure that there is nothing that is on the equipment that shouldn't be on it when it enters the U.S.

This means the equipment must be cleaned again with special attention taken to those hard to reach spots. For example, on the M998 HMMWV, clean inside the frame, on top of the oil and fuel tanks, the under carriage, and the body.

A recent retrograde mission lasted nearly a month, clearing over 100 vehicles and over ten connexes. We spent nearly twelve hours a day with the unit's Soldiers, showing them where to clean and offering helpful hints on how to get hard to reach mud and debris. The best advice I can give anyone having to go through this process is to think like an inspector. When I first get to a vehicle, I have the driver of the vehicle follow me on the inspection. I show him where I will be looking and what I am looking for Each inspector is different, but our standards are the same. We all look for stuck on dirt. large amounts of grease where it shouldn't be, and flaking paint and rust. In connexes, we look at the condition of the connex, both inside and out, the inside walls, and floors. Pay attention to the corners as a lot of dirt will gather there. Here is a hint for the connex Clean as you load equipment. Dirt and debris will fall off your shoes and boots as you walk



38th PM DET Soldiers performing a retrograde inspection in Area I.

inside the connex. By cleaning as you load, you will eliminate the need to go back and re-clean the connex. Every retrograde that I go on, I get asked the same question, "Why do they have to clean everything off of the vehicles?" There are several species of plants, insects, and even viruses and bacteria that have come into the United States, thanks to humans

Fire ants migrated north from Central and South America through cargo shipments. The Zebra Mussel that plagues the Great Lakes arrived in cargo and passenger ship's ballasts. The Killer Bee was brought from Africa and was bred with the American Honey bee in South America to make better honey. The result was tragic. The mosquito that carries dengue fever was brought to the country in a shipment of tires that were carrying their eggs. The list of non-native species, or exotic species, is extremely long. The damage that they do may be local or it can be widespread. West Nile Virus is an example of how fast an exotic species can spread. The birds and mosquitoes that carried the initial wave of the disease crossed the continental U.S. in a matter of

This is why our job is important We are not just protecting the natural species in our country, but also Soldiers and their families. We are dedicated to the health of Korea, the United States, and the Army. This is just one way we prevent illness. So, what is the best way to clean a vehicle? My advice is the same for all types of vehicles: a brush, a bucket of water, and some elbow grease.

The 38th Medical Detachment is proud to provide such service to South Korea. In the process, it saves the Army and the Government hundreds and even

millions of dollars by reducing the labor of USDA (United States Department of Agriculture) inspectors and ensuring no undesirable pests make it back to our



PFC Kwon is performing a retrograde inspection in Area I.



CPT Obmerga (first row, far right)), the Eighth United States Army 10- Miler Team, and the U.S.F.K. Leadership

CPT Obmerga (52nd MED BN) Heads to Washington D.C. for the Army Ten Miler

Soldiers of the 52nd Medical Battalion impressively displayed physical fitness and endurance at the Camp Humphreys Triathlon CPT Racquel Obmerga. (568th Ground Ambulance Company Commander), 21.T Andrew Taylor (2nd Platoon Leader), and SPC Freddy Davis (HQ Platoon) participated in the Area III Triathlon held on 13 August 2005 21.T Taylor with 1rd place in his age group (23-29) with a time of 48 minutes. and CPT Obmerga placed 3rd in her age group (25-29) with a time of 57 minutes.

CPT Racquel Obmerga was also selected as a member of the Eighth US Army. Army 10 Miler Team. SPC Davis participated and enjoyed the event with his Company Commander and Platon Leader CPT Obmerga continues to encourage her company to be "Fit, Ready, & Reliable!" Please join us in wishing CPT Obmerga the best of tuck as she heads to D.C. to represent Eighth Army and the 18th MEDCOM.

168th MED BN (AS)

COL Bachand and others from the 618th Dental leadership assess the blueprints for the new Walker Dental Clinic



Members of the 618th Dental Company, Camp Walker perform surgery in their temporary clinic

A New Dental Clinic Opens at Camp Walker

By 1LT Michael T. Schardinger, 18th MEDCOM Public Affairs

With the expected increase of families and Soldiers entering Area IV in the next ten years, it was vital that the 618th's dental facilities increase the size of their facility. Their staff and J & J BMAR remodeled the former Physical Therapy Clinic located next to the current Optometry Clinic in just under seven weeks. The amount of work involved in changing a physical therapy clinic into a fully operational dental facility that was compliant with the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) was not an easy task. Despite the challenges, the 618th got the job done and done weell.

The 618th has managed to accomplish all this from their command cell in Yongsan's South Post. Frequent visits by their Commander, COI, William Bachand, and Executive Officer, CPT Paul Graves, have certainly helped keep things on track. LTC Gen B. Pack, Officer in

With the expected increase of famiid Soldiers entering Area IV in the in years, it was vital that the 618th's facilities increase the size of their construction.

The new clinic dwarfs the old clinic and provides beneficiaries with a very welcoming atmosphere the very second they walk in the front door. The reception area is three times its old size and provides ample space for the increase of patients expected in the future. The entire design appeared very patient and provider focused. One of the greatest priorities of this new facility was the efficiency of its sanitation systems and its ability to provide comfort to the patients. This new clinic is truly state of the art and will continue to make Daegu the, "Best place to live and work in Korea." The new clinic at Walker is set to open in January 2006. The clinic will be called the MacArthur Dental Clinic.

By 1LT Michael Schardinger 18th MEDCOM Public Affairs The 168th Area Support Medical Battalion assembled a Task Force (TF) from all its subordinate commands to deploy from home

Battalion assembled a Task Force (TF) from all its subordinate commands to deploy from home stations and meet at the Camp Humphreys Tactical Training Area from 15-23 September. The object of this exercise was to test how well they could assemble all TF elements, retain command and control, and integrate all these various elements into one cohesive task force ready to support the warfighters. CPT Clayton Carr of B/168 was the TF Bravo Commander with CPT Brett Collier of the 5th PM DET as his Preventive Medicine (PM) Team Commander. Treatment teams, ambulance teams, PM teams, a food service team, an area support platoon, optometry team, mental health team, and the entire Headquarters element were assembled from all over the Korean Peninsula to comprise this team of teams.

They focused their training on reacting to Improvised Explosive Devices (IEDs) during convoy operations, reacting to indirect fire, patient decontamination, reacting to an NBC attack, and capped it all off with a large mass casualty (MASCAL) exercise. The battalion commander, LTC McLarin, stated that this is essential to our warfighting capabilities. We're challenging this task force's command and control and their ability to focus on the warrior tasks that empower our battalion to excel

This excercise challenged their leadership at all levels from Private through TF Commander. The TF was under attack from Opposition Forces (OPFOR) throughout the exercise. The IED Training led by OIF veteran SFC Laing and 2LT Calvary (A/168) was outstanding and provided realistic training from his lessons learned. The Soldiers loved the challenge and enjoyed the pyrotechnics & reality of this lane. SGT Schriner (B/168) and his culinary arts team kept morale extremely high with their second to none gournet meals. All in all, this exercise created outstanding camaraderic between the area support companies and PM DETs and the 168 command team. "Medical Aid & Support!"

Operation Harvest Medic



An unidentified medic dashes to save his patients wounded by an IED and chemical attack.



SGT Andrew Meyer (B/168) dives to protect his patient from incoming artillery.

OUND THE MEDCO

16th Medical Logistics Battali

2005 Eighth Army KATUSA of the Year!



Our heartfelt congratulations throughout the entire 18th MEDCOM go out to CPL Kim, Jung Tak! This outstanding warrior from 16th Medical Logistics Battalion recently won the 18th MEDCOM and Eighth Army KATUSA of the Year Competitions for 2005.

CPL Kim is 23 years old and he works in the 16th MEDLOG S-1 as the Actions and Awards Clerk. He is a native of Sunchun City and has three years of college at Yonsei University where he majors in Business Administration. He will be attending PLDC and the AUSA National Conference in Washington D.C. this October. He enjoys computers and playing basketball.

In these competitions, he displayed excellent understanding of the Warrior Ethos, 'I'll always place the mission first', 'I'll never accept defeat', 'I'll never quit', 'I'll never leave a fallen comrade', and profound knowledge about the Army and the Korean War. His positive attitude and readiness for the military service was well reflected in his great efforts that earned him a score of 300 on his PT test. Chu-ka-hamnida (Congratulations)!

16th Medical Logistics Battalion Prepares to "Fight Tonight"

By MAJ Kevin Cooper, XO

Preparing to "Fight Tonight". the 16th Medical Logistics Battalion recently completed a field training exercise 21 August – 2 September at Camp Carroll, held in conjunction with the annual Ulchi Focus Lens (UFL) exercise. The purpose of the field training exercise was to conduct Tactical Operations Center (TOC) operations and unit level training in order to improve the Battalion's ability to plan, coordinate, and conduct Theater / Joint Combat Health Logistics Support (CHLS) for its customers.

Although not a participant in the computer simulation portion of the UFL exercise, the 16th Medical Logistics Battalion took the opportunity to not only provide team training at the company and platoon level but also to exercise TOC battle rhythm and staff planning. The Battalion exercised its ability to provide medical maintenance support, blood product storage and distribution, optical fabrication, and medical supply support to its theater Army and Joint customers.

During the exercise, the Battalion seamlessly received and integrated 44 Professional Filler System (PROFIS) Soldiers into the Battalion from 12 different medical treatment facilities in CONUS. Alaska, and Hawaii. Training focused on conducting key Mission Essential Task List (METL) tasks in support of the 16th Medical Logistics Battalion's

CHLS mission. The Battalion staff conducted staff planning in coordination with the 18th MEDCOM, the 19th Theater Support Command, elements of the Navy, the Korean Area Joint Blood Program Officer, the Naval Ophthalmic Support and Training Activity, and the US Army Medical Materiel Agency (USAMMA).

The Battalion staff focused on calculating and validating workload planning factors, determining and coordinating support requirements, and conducting TOC operations to exercise the Battalion's TOC standard operating procedures. The Soldiers of the Battalion received realistic training on a multitude of Soldier skills. During the two-week exercise, the Battalion conducted three tactical convoys; reacted to NBC attacks and MASCAL situations; implemented Quick Reaction Force (QRF) measures and force protection planning/reaction measures; conducted combat life saver training; and reacted to several scenarios specific to each of the Battalion's medical functional areas. All of this training was accomplished while continuing to support the Battalion's daily armistice mission of supporting over 300 customers.

The 16th Medical Logistics Battalion continues to posture itself for success in support of its CHLS mission. Our Soldiers are trained and ready to "Fight Tonight". A Team of Teams - First Always!



PV2 Agosto. A Co. 16th MEDLOG BN, volunteers to serve as a blood donor during the field training exercise.







BARRACKS LAWYER

DISCAIMER: THE BARRACKS LAWYER TRIES TO GIVE CREDIBLE AND ACCURATE IN-FORMATION BASED ON MILITARY LITERATURE AND YEARS OF EXPERIENCE. THE BARRACKS LAWYER HAS NEVER ATTENDED LAW SCHOOL NOR DOES HE CLAIM TO HE AN EXPERT IN JURISFRUDENCE AND CAN NOT BE HELD RESPONSIBLE FOR YOUR ACTIONS.

#1 - Dear Barracks Lawyer,

My commander has told me that Lam not allowed to leave the installation just because I was late to a few formations. Can be restrict me like that?

Barracks Rus

Dear Barracks Rat,

First of all, restriction can only be given as a punishment when administered under the UCMJ Your commander can pull your pass privileges though when it is directly related to your misconduct. Corrective fraining can be an effective tool and is normally appropriate for offenses involving the readiness of the unit or an individual. Counseling is constructive in this regard so you as the soldier understand the relationship between the misconduct and the withheld privilege. Since you failed to show up at the proper time and to the proper place, by imposing this corrective measure, the commander is limiting the places you are allowed to go in order to secure your attendance at your appropriate place of duty. Barracks Lawver

#2 - Dear Barracks Lawyer.

I am trying to marry a Korean National, but I am not sure how to go about the process. Do you have any idea what documents I need or where I go to complete this process.

Love. Waiting at the altar

Dear Waiting at the Altar,

There are several forms you will need to complete in order to get married while stationed in Korea. Copies of these forms, along with the list of required documents and agencies involved can be found on the Eighth Army Legal Assistance Webpage at www-eusa-4 korea army, mil/Sja/. For more information and assistance you can contact the local Legal Assistance Office Barracks Lawyer.

#3- Dear Barracks Lawyer,

My PSII was staten from my locked barracks room last week. Yesterday the ISG caught the barracks thief who admitted to steading my PSII, but he pawned it downtown. How can I make him pay me back for the stuff he took? Sincurely.

Our of Packer

Dear Out of Pocket,

You can file an Article 139 Claim against him. An Article 139 claim is a claim against a service member who willfully damages or wrongfully takes another's property. You must submit the claim within 90 days from the incident to any officer. The claim then will then be forwarded to the Special Court-Martial Convening Authority (SPCMCA), usually the Brigade Commander, of the offender The SPCMCA will, after an investigation make the final decision on whether your claim is meritorious or not. For more information and help in filing an Article 139 claim contact your local Claims or Legal Assistance Office Barracks Lawver

If you have a question you would like answered by ther Barracks Lawyer send him a letter:

18th MEDCOM Public Affairs EAMC-PAO, Unit 15281 APO AP 96205



C. W. Bill Young / Department of Defense Marrow Donor Program

Donor Genter for the Department of Defense Mirrow Donor Program

Marrow

8th U.S. Army Donor Drive

Sponsoring Unit – 18th MEDCOM Proposed Dates: 28 Nov – 2 Dec

Volunteers Needed:

- Phlebotomists
- Screeners
- Area (I IV) Coordinators

For additional Info go to www.dodmarrow.com or contact

MAJ Rex A. Berggren at 737-6225

WINTER DESTINATIONS

Hale Koa AFRC, Waikiki Hawaii

Barking Sands Resort, Hawaii

Whether you are planning a mid tour leave or leave en route to your next duty station the Hale Koa Armed Forces Recreational Center in Wiakiki offers affordable luxurious lodging for service members and thier family members and guests. Prices are based on type of room (Garden View, Ocean View, etc.) and rank. Room rates for personnel on leave range from \$71 to \$127 for E-1 thru E-6. Ammenities include several fine restaurants, dinner shows, beach access, and much, much more. The Hotel is located on old Ft. DeRussy, with over 70 acres of tropical garden paradise, the Hale Koa is one of the finest resorts in Waikiki. For more information visit their website:

Escape to paradise with a relaxing stay at our beach cottages on the beautiful island of Kauai...

To access the Barking Sands Resort reservations, just visit http://www.pmrf.navy.mil/ and click on MWR to see the specifies about your reservation.

> Telephone: (808) 471-6752 Season: Year round Reservations: Call for availability

Type of site Cottages

Spaces

Base Price (based on rank)

Authorized Users: Active Duty, Retirees, DOD & NAT Civilians

OCTOBER

National Breast Cancel Awareness Month National Hispanic Heritage Month National Disability Awareness Month National Child Abuse Prevention Month

- 10 Columbus Day
- 11 Training Holiday
- 12 PLDC Graduation
- 17 MEDCOM Run & CFC Drive begins
- 18 121st GH Award Ceremony
- 18-23 Seoul Air Show at K-16
- 20 121 GH Golf Tournament
- 21 National Mammography Day
- 24-29 EFMB Testing & Graduation
- 24-29 38" Parallel Conference
- 27-30 Courageous Channel (NEO)
- 27-28 ACHE Conference
- 29-4 NOV AMSUS Conference
- 31 Halloween

NOVEMBER

National Native American Heritage Month National Alzheimer's Disease Awareness Month

Eung Cancer Awareness Month & Great American Smoke Out

American Diabetes Month

National Healthy Skin Month

- 6-12 National Allied Health Week
- 11-14 Veteran's Day Weekend
- 17 MEDCOM Run
- 18 OPD with LTG Campbell
- 15-18 618 Landership Conference
- 24-27 Thanksgiving weekend
- 28 Bone Marrow Transplant Donor Drive begins

DECEMBER

National Drunk & Drugged Driving Prevention Month

- 1 World AIDS Day
- 4-10 National Hand-Washing Awareness Week
- 8 Chanukah
- 17 Eighteenth MEDCOM Holiday Ball
- 25 Christmas



OCTOBER IS NATIONAL BREAST CANCER **AWARENESS MONTH**

FOR A MAMMOGRAM APPOINTMENT PLEASE CONTACT THE 121 GH RADIOLOGY DEPARTMENT AT 737-8003

FOR MORE INFORMATION ABOUT BREAST CANCER GO TO "NATIONAL BREAST CANCER AWARENESS MONTH! AT HTTP: WWW.nBCam.org/Index.cfm. AND THE "USACHPPM BREAST SELF-EXAMINATION: A FACILITATOR'S GUIDE" (CLASS INSTRUCTION OUTLINES AND INFORMATION) AT HTTP://CHPPM-WW.APGEA.ARMY.MIL.DOCUMENTS-TG/TECHGUID/JTG256.PDF

Magazine Insert





The 38th Parallel Medical, Nursing, and Silver Caduceus Societies and the 18th MEDCOM **Fall Conference**

"Military Medicine and Nursing from the Sea to the DMZ"



24-28 October 2005 at the

Dragon Hall Lodge



Please register A.S.A.P. ***See registration form for fees and other information*** Su.Kim2@kor.amedd.army.mll

> Clinical Education Division **DSN 737-5777**





121 General Hospital Golf Tournaments

When: Once every month Please contact MAJ Rex Bengren at 737-6225 for more information

Watch the Weekly Bulletin for dates and times

18th MEDCOM Awards

18th MEDCOM Promotions

























Promotions Raquel Barrows SGT Matthew Huffman LTC Matthew Betke SGT Eric Lampley SSG CPT Erica Borgggren Jeffrey Lewis SGT Su Chung SGT Harold MacDonald CPT Steven Couch ... SSG Vittoria Mejia Melissa Edmonds SGT Sonia Neumeier LTC Chad Flick CPT Gia Nguyen SGT Wayne Flowers SGT Douglas Onkst LTC Eligzer Gabriel SGT Meryla Throop MAJ Joseph Hecox SGT Michael Watts SGT David Share MAJ

Congratulations!









Congratulations!